

## **Comprehensive Health Instructional Materials**

**Comprehensive Health Education:** Comprehensive Health Education is provided to all students in beginning in Kindergarten. Health Education instruction will include the following topics: mental and emotional health, nutrition education, physical education, hygiene, growth and development, safety, chronic diseases and reproductive health (when appropriate). Additional topics may be added as needed.

### **Health Education Instructional Materials:**

- [South Carolina Health and Safety Curriculum Standards](#)
- Macmillan McGraw Hill Health and Wellness
- Core Knowledge Language Arts